SUPERFOOD SMOOTHIES

\$9.25 Chaga-Espresso Banana, cacao powder, espresso, cacao nibs, chaga, peanut butter, oats, date, almond milk.

\$9.25 Fresh Detox

Pineapple, spinach, parsley, moringa, kale, green apple, ginger, lemon, cucumber, water.

\$9.25 Power 125 Banana, plant-based protein powder, peanut butter, cacao nibs, almond milk.

Tropical Sun

Pineapple, mango, banana, coconut milk.

\$9.25 Mind Booster

Açaí puree with guaraná, strawberries, banana, spinach, blueberries, ashwagandha*,

\$9.25 Rosa Dulce

Dragon fruit, strawberries, date, banana, coconut milk.

Nutty Love

\$9.25

Blueberries, banana, maca, hemp seeds, cinnamon, almond butter, almond milk.

\$9.25 Berry Mint Blueberries, strawberries, fresh mint leaves, agave, coconut milk.

\$9.25 Golden Milk Glow

Mango, turmeric, date, cinnamon, black pepper, coconut milk.

Cuban Mojito

Mango, spinach, green spirulina, fresh mint leaves, lemon, coconut milk.

\$9.25 Bahama Breeze

Pineapple, plant-based protein powder, blue spirulina, almond butter, ginger, coconut milk.

PRE-CURE

Açaí puree with guaraná, dragon fruit, banana, blueberries, spinach, kale, parsley, avocado, ginger, garlic, turneric, zinc, vitamin D, Omerga 3, black pepper, water.

16 OZ V, GF



ADD ONS

Almond butter Peanut butter Omega 3

Plant-based protein powder Avocado Blue spirulina

\$1.50 EACH

Honey drizzle or agave drizzle \$0.50 EACH

Hemp seeds Dates Moringa Chaga Ashwagandha Vitamin D Chia seeds Turmeric Green spirulina Cacao nibs Vitamin C Bee pollen Spinach Wheatgrass powder Extra fruit

\$1.00 EACH

*It is not advised to consume ashwagandha while pregnant

WELLNESS COLD BOWLS

Pure Amazon Açaí Açaí puree with guaraná, banana, blueberries, almond milk. *Toppings:* banana, fresh berries, coconut flakes, and house made granola.

Blue Magic Pineapple, banana, blue spirulina, almond milk. *Toppings:* kiwi, mango, fresh berries, coconut flakes, and house made granola.

Pitaya Mama Dragon fruit, pineapple, banana, coconut milk, Toppings: kiwi, fresh berries, coconut flakes, banana and house made granola.

\$11.50 Green Vibes Pineapple, mango, banana, spinach, coconut milk. *Toppings*: kiwi, fresh berries, banana, coconut flakes, house made granola, and bee

Power Açaí Açaí puree with guaraná, banana, blueberries, plant-based protein, almond milk. **Toppings:** banana, chia seeds, hemp seeds, peanut butter, and house made granola.

16 OZ V. GF

ADD ONS

Peanut butter

\$1.50 EACH

Hemp seeds Dates Chia seeds

Bee pollen Extra granola Vegan chocolate drizzle Extra fruit



Honey drizzle or agave drizzle \$0.50 FACH



12 OZ \$9.95

12 oz \$9.95



HEALTHY SNACKS

\$6.95 Chia Pudding

Chia seeds, coconut milk, maple syrup, and vanilla extract topped with almond butter, fruit compote, house made granola, and coconut flakes V, GF

Not Your Average Oats \$6.95

Gluten free oats, dates, peanut butter, almond milk, vanilla extract, agave, and mango topped with house made granola, cacao nibs, and blueberries V, GF

Fresh Fruit Cup

Pineapple, cantaloupe, strawberries, grapes, and blueberries V. GF

Mango con Chile \$5.95 Fresh mango, lemon and tajín V, GF



COLD-PRESSED JUICES

12 OZ \$9.95 Smart Kale Kale, spinach, cucumber, celery, green apple, ginger, lemon.

12 OZ \$9.95 Miracle Carrots Carrot, pineapple, turmeric, ginger.

16 OZ \$6.50 Orange Juice Freshly squeezed orange juice.

Daily Fix

Beet, ginger, lemon, red apple, carrot.

Endless Summer

lemon.

4 oz \$5.50 Immune Shot Orange juice, turmeric, ginger, zinc, black

Pineapple, orange, fresh mint leaves, celery,

BEVERAGES

\$2.95 Boxed Water

\$2.75 Bottled Water \$3.50

Sparkling Water





